

# News You Can Use

## Our New Center For Advancing Quality Of Life and Intensive Palliative Care Unit Opened In November...Painlessly.

Offering patients and their families the comforts of home in a setting designed to relieve pain due to advanced or life-threatening illness is the objective of the Center for Advancing Quality of Life and Intensive Palliative Care Unit. With the opening of the Center in November, Lakeland Regional Medical Center is better equipped to handle the special care required by these patients and their families.

Palliative care focuses specifically on the pain, symptoms and stress of serious illness aside from cause or cure, and nurses in the Center are specially trained in active and aggressive symptom management. This special team of nurses will also visit patients in other units to assist with pain management and in helping them understand the information they need to make important decisions and participate in planning their own medical care.

For families visiting the Center, a family room with all the amenities of home is available. There is also a chapel for patients and their families and a chaplain on hand to provide spiritual and emotional support.

The specialized care available through the Center for Advancing



Quality of Life and Intensive Palliative Care Unit is provided as a means of:

- Reducing the physical pain or other symptoms such as shortness of breath, nausea/vomiting or anxiety due to a serious illness. These symptoms are typically associated with cancer, cardiac disease, respiratory disease, Alzheimer's, AIDS, or Amyotrophic Lateral Sclerosis (ALS).
- Providing psychological and spiritual support for the patient and family at times of illness, transition and loss.
- Supporting and assisting the patient and family in clarifying the goals of

care and the decision-making process.

- Coordinating care with the wishes of the patient and family.



## Matters of the Heart

This year Matters of the Heart is moving to a date in the winter of 2009 and will be an off-site educational event. Location and specific plans for the program will be announced in a future News You Can Use. Matters of the Heart is one of our most popular events and allows those with an interest in heart-related issues to hear presentations by our doctors and others, and to ask questions.

**Pharmacy "Brown Bag" Event**  
 Wednesday, January 7, 2009  
 8:00 a.m. – Noon  
 First Floor Hospital Auditorium  
 Individual Prescription Review  
 Bring all your medications with you. LRMCC pharmacists will review them for duplications and interactions.  
 Seating is limited.  
 Please call (863) 687-1400 to register by Dec. 31.  
 Light refreshments will be served.



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## LRMC Community Education Series

*Knee Replacement? Maybe not.*

If you have chronic knee problems and are thinking you may be facing knee replacement, this is a presentation you don't want to miss. Dr. Donald Serot, MD, Orthopedic Surgeon, will be discussing Alternatives to Knee Replacement on December 5th at 1:30 p.m. in the Barrow Public Library and on January 13th at 6 p.m. in the LRMCC Auditorium. RSVP to 863-687-1400. *Cataracts. There's more than meets the eye.*

Did you know there are three kinds of cataracts, each with its own set of symptoms? There's a lot you can learn about cataracts and Dr. Jay Mulaney, MD, Ophthalmologist, will share much of it January 15th at 6 p.m. in the LRMCC Auditorium. RSVP to 863-687-1400. HPV and what to do about it. Prevention of sexually transmitted diseases begins with awareness. Dr. Richard A Boothby, M.D., will be giving you the facts on Human Papillomavirus on January 20th at 6 p.m. in the LRMCC Auditorium. RSVP to 863-687-1400.

For other upcoming events, check the home page of [www.lrmcc.com](http://www.lrmcc.com) to see what Community Education programs are being offered.

**Lakeland Regional Medical Center®**  
 1324 Lakeland Hills Blvd.  
 P.O. Box 95448  
 Lakeland, Florida 33804-5448



## LRMC Again Recognized For Its Organ Donation Program

It's a habit we're proud of; Lakeland Regional Medical Center was again recognized by the U.S. Department of Health and Human Services for substantially raising our organ donation rates among eligible donors. And for good measure, we were one of only four hospitals in the state that met or exceeded HHS's organ donation goals four years in a row. To put this all in perspective, LRMC's organ donation program ranks among the top 1.5% of hospitals in the nation.

About the award, Liz Lehr, Executive Director/Senior Vice President, LifeLink of Florida, the organization serving the Lakeland area, said, "LRMC does an outstanding job of supporting families who wish their loved ones to be organ donors. They

know organ donation can be the single positive in a sad and traumatic situation, and the staff works diligently to ensure families who are suffering a loss have that option available."

Medals of Honor for Organ Donation were awarded in Nashville, Tennessee this past October. Olumide Sobawale, MD, Trauma Surgeon; Pamela Johnson, Manager, Surgical Intensive Care Unit; and Barbara Galloway, Trauma Nurse Coordinator, accepted the awards on behalf of Lakeland Regional Medical Center.



## A new location for LRMC Orthopedic Associates

The physicians of LRMC Orthopedic Associates who specialize in keeping your body parts moving have been busy moving themselves. Their new offices are conveniently located on Harden Blvd., with easy access, plenty of parking and no traffic snarls to deter you.

"We have a wonderful new facility where we are able to provide superior care to our orthopedics patients," said orthopedic surgeon Dr. Donald Serot, MD, about the facility.

The new address is 2135 Harden Blvd. Building C. Appointments can be made by calling 687-1250.

LRMC Orthopedic Associates is staffed by four highly respected orthopedic surgeons:

**Mark Munson, MD,** Orthopedic Surgeon Board Certified, American Board of Orthopaedic Surgery Certification Specializing in sports medicine



**John Camblin, MD,** Orthopedic Surgeon Specializing in total hip and knee surgery



**Todd Hall, MD,** Orthopedic Surgeon Board Certified, American Board of Orthopaedic Surgery Certification Specializing in orthopedic trauma and post-traumatic reconstruction



**Donald Serot, MD,** Orthopedic Surgeon Board Certified, American Board of Orthopaedic Surgery Certification Specializing in treatment of the knee, including arthritis, partial knee resurfacing and total knee replacement



## Project "Smash The Ash" Is Underway At Lakeland Regional

Beginning in November, smoking became limited to one designated area for patients and visitors at LRMC, the first step in our plan to be tobacco-free by 2010. For the health of everyone concerned, we will be enforcing a no-smoking policy in the parking lots, the parking garage and at the hospital entrances.

The designated smoking area is in the park north of the A Entrance on the east side of the building. For patients and visitors to the Emergency Department, smoking will still be allowed in the vending area outside the emergency department.

## Just Their Cup of Tea



This year's turnout of 380 community members is testament to the popularity of our annual Victorian Tea for Breast Health Awareness held on Friday, October 3rd. Attendees saw presentations on the latest treatments in breast cancer from several LRCC physicians.

Inspirational speaker Michele Rhoden shared her story of fighting and surviving breast cancer at the age of 32.



*Geri Serot, Michele Rhoden, and Dr. Solange Pendas*

Fellow survivor Geri Serot served as the emcee for the day's festivities.

At the Healthy Woman Expo held prior to the Tea, guests were able to visit booths from various hospital programs ranging from our Breast Cancer Survivor's Group Breastfriends to our Primary Stroke Center and many more.

The Victorian Tea is funded by the LRMC Foundation. Thank you also to this year's donors: The Lakeland Rotary Club, Blue Cross and Blue Shield of Florida, Susan G. Komen for the Cure Suncoast Affiliate, Biosphere Medical, Anna's of Lakeland and Clark/Nikdel/Powell Advertising.



## Here's to your health

Lakeland Regional Medical Center will begin hosting a Leukemia, Lymphoma and Myeloma Support Group the second Monday of each month from 2:00 – 3:30 p.m. Location is the Family Lounge on the 6th floor of the B-wing, room # B645. Attendees may use the free valet parking currently available at the B-wing entrance off Parkview Place. For more information, please contact Dorothy McFarland, LCSW at 687-1100 ext. 7263 or Maria Avenancio, MSW at the Leukemia & Lymphoma Society, 1-800-785-0733.

## LRMC's Physician Referral Service Welcomes Two New Doctors



**Bao L. Huynh, M.D.**  
Internal Medicine  
Central Florida Kidney Care, P.A.  
1745 Lakeland Hills Blvd.  
Lakeland, FL 33805  
(863) 688-0576  
Medical School: Washington University School of Medicine, St. Louis, MO.  
College of Medicine, University of Florida, Gainesville, FL  
Internship: Internal Medicine, Washington University School of Medicine  
Residency: Internal Medicine, Washington University School of Medicine  
Fellowship: Nephrology, University of Florida  
Board certified: Internal Medicine



**Scott T. Kelley, M.D.**  
General Surgery  
Watson Clinic  
1600 Lakeland Hills Blvd.  
Lakeland, FL 33813  
(813) 680-7000  
Medical School: Columbia University College of Physicians & Surgeons, New York, NY  
Internship: General Surgery, University of Pennsylvania, Philadelphia, PA  
Residency: General Surgery, University of Pennsylvania Medical Center  
Fellowship: Surgical Oncology, H. Lee Moffitt Cancer Center, Tampa, FL  
Board Certification: General Surgery

 Free Physician Referral Service  
Call 682-LRMC or 1-800-275-LRMC